



Solus (Health) + Bellus (Beauty)

Natural Circulation, Inspired by Nature

Therapy Spa Sobe is a premium wellness spa inspired by nature.

We use the natural energy of light, oxygen, water, plants, and stone to help restore balance to your body and mind.

Our core concept is Circulation (Cycle). Through carefully designed treatments, we help improve your body's flow and rhythm—so you can feel healthier, lighter, and naturally beautiful.



The SOBE Care System

At Spa Sobe, care is never defined by a single approach. We provide an integrated care system where therapeutic touch, advanced technology, refined space, and premium products work in harmony

01

Expert Touch

Our experienced therapists use skilled, intuitive touch to gently release tension and restore your body's natural flow.

02

Advanced Technology

With professional care devices, we provide more precise body and facial treatments.

03

Premium Products

With carefully selected premium products, we help restore and enhance your skin's natural health and beauty.

04

Comforting Space

In a private room, we provide a complete and comfortable care experience.



SOBE
THERAPY & SPA

자연미학 테라피 스파

Sobedish Signature Rituals

A signature Sobe therapy combining Swedish and deep tissue techniques, performed with high-quality carrier oils to enhance lymphatic flow, help ease muscle tension, and reduce swelling.

• Whole Body	90min	190,000
• Pointfit Body (Targeted Body Treatment)	60min	130,000
• Techneck	60min	130,000



A specialized treatment that relieves tension in the neck and shoulders caused by prolonged device use, helping to restore proper posture and improve tech neck.

The Sobe Signature Ritual is recommended for those who:

- Those experiencing full-body fatigue and aching from muscle tension
- Those who experience frequent swelling due to poor lymphatic circulation
- Those who frequently experience stiffness in the upper body, neck, and shoulders due to desk work or driving



Energy Immune Boosting Treatment

- LaStone Whole Body 120min 280,000



LaStone Therapy is the original stone therapy developed by Mary Nelson, a natural therapist from Arizona, USA. It applies thermotherapy to stones that embody the energies of water, fire, air, and earth. By alternating between heated and cooled stones, this nature-inspired treatment stimulates positive responses in the body and promotes deep, transformative change.

- Hydro Capsule Vichy Ritual 70min 170,000



A water therapy treatment in which warm streams flow simultaneously from multiple showerheads, gently enveloping the entire body.

While you rest comfortably on the treatment table, the cascading water and far-infrared warmth help relax the muscles,

promote fatigue recovery, and support detoxification.

- Stress Relief Scalp & Neck 60min 160,000

Unlike traditional scalp treatments that focus on surface-level issues, this brain-focused therapy combines personalized aromatherapy with lymphatic touch to awaken the scalp's sensory response and open the pores, promoting healthy circulation. It supports the recovery of both scalp and hair for overall balance and vitality.



Skin Clean Detox Plan

- VALMONT VITALITY 60 60min 190,000



An iconic Valmont ritual infused with the pure, powerful energy of the Swiss Alps.

Featuring its signature Silanol DNA, high-purity masks, and the Butterfly Motion massage, this treatment works in harmony to deeply hydrate the skin while restoring freshness and vitality.

- BEAUTE AROMATIQUE 60min 130,000



A treatment using carefully selected, high-concentration essential oils, custom-blended according to your skin type and specific concerns.

Finished with an aroma cooling mask,

it delivers deep hydration, soothing, purification, and a boost of revitalizing energy.

- Cellular Catio Vital 80min 200,000

A star treatment that reflects the rich heritage and expertise of MARY COHR.

Combining advanced thermal pore detox and dual ionization, this personalized treatment is carefully prescribed according to individual skin types to target chronic concerns and replenish the skin with essential nutrients for cellular regeneration.

It restores the ideal balance of oil and moisture,

leaving the skin visibly healthier, balanced, and revitalized.

